

EXPLORE WITH US



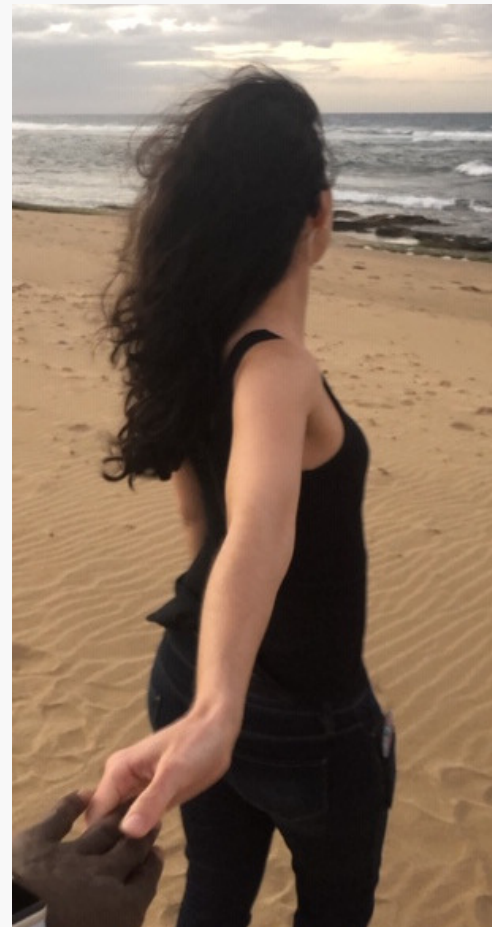
FOOD SOVEREIGNTY IN PUERTO RICO: POST- MARIA

JUNE 23-30, 2019



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ExplorEquity

Hike in picturesque mountains, eat fresh local foods, visit small farms, walk to a waterfall while learning about how watercress grows, visit beaches that locals visit, participate in cultural activities such as bomba y plena (dance performance with drums), engage with activists involved in food sovereignty and agroecology work on the island, and leave a positive impact knowing your trip benefits the local economy. Join your fellow Explorers as we explore food sovereignty in Puerto Rico after Hurricane Maria. Be part of a socially conscious small group travel experience where your dollars go directly to the people.



THE EXPERIENCE

ITINERARY & PRICING

WELCOME

Day 1- San Juan

Arrive to San Juan by 3pm

Check into hotel

Welcome dinner & trip orientation

HISTORY

Day 2- San Juan

Breakfast

Walking Tour of Old San Juan

Lunch and lecture with local expert on
Puerto Rico's history and agroecology

Free time for rest of the day

CONNECTING TO THE LAND

Day 3- Las Marias

Breakfast

Transport to Las Marias

Check into cabins (cabins are rustic but
have bathrooms, kitchens, porches, no AC)

Welcome lunch with local farm partner

Farm tour

Dinner on farm with guest speaker

Transport to cabins

A FARMER'S PERSPECTIVE

Day 4- Las Marias

Breakfast at cabins

Transport to local farm

Waterfall/watercress walk

Lunch & talk by chef

Farm tour

Discussion of Hurricane Maria's impact and
farmer's response

Dinner

Transport to cabins



Price: \$1,995

**Payment plans are available
upon request.**

Itinerary subject to change

ITINERARY

LAND TO OCEAN

Day 5- Las Marias/Cabo Rojo

Breakfast at cabins

Transport to local farm partner

Workshop and culminating dialogue

Goodbye lunch

Transport to Combate Beach in Cabo Rojo

Late afternoon swim (optional)

Dinner

SELF-CARE

Day 6- Cabo Rorjo

Breakfast

Beach excursion to Playa Sucia, Cabo Rojo (optional)

Picnic lunch

Free evening

CULINARY TRADITIONS OF PUERTO RICO

Day 7- Cayey

Breakfast

Transport to Cayey

Welcome at culinary farm lodge

Hiking in the mountains (easy/medium level of difficulty)

Packed lunch/snack

Return to culinary farm lodge

Break

Private multi-course dinner focused on food traditions of Puerto Rico with local chef and wine pairings

Transport to San Juan

Check into hotel

VISION OF THE FUTURE

Day 8- San Juan

Breakfast with local partner guest speaker

Closing reflection and goodbyes

Transport to airport



**Visit exploreequity.com
to learn more and
reserve your spot!**

GET THE DEETS: WHAT WE PROVIDE



What's included?

Double occupancy accommodations for 7 nights

Meals (except for 2 free evenings)

1 private multi-course culinary experience w/ wine pairings

All activities

Speaker fees

Transportation including a scheduled airport pick-up and drop-off

Pre-trip orientation materials and activities

What's not included?

Airfare
You should arrive by 3pm on Sunday 6/23 and depart anytime after 1pm on Sunday 6/30.

Travel insurance (Recommended)

Alcohol

Snacks

FAQs:

Do I have to tip activity providers?

No, we are paying each a fair rate. You may consider a donation to our nonprofit experience partners to support their continued work.

Will my dietary needs be taken into consideration?

We will do our best to accommodate all dietary needs, and will communicate with you about your specific situation.

HOW DO I JOIN?



SIGN UP ON OUR WEBSITE

Visit www.explorequity.com to reserve your spot on this unforgettable curated experience. If you have any questions, contact hello@explorequity.com and we will assist you.

BUILDING COMMUNITY

Our Explorers will become part of a community that begins engaging before the trip happens. We will create various ways to connect.

- Pre-trip orientation
- Regular email updates
- Reading list
- Resources

About ExplorEquity

ExplorEquity works to drive awareness of global equity issues by developing immersive experiences highlighting significant issues like food sovereignty.

OUR CORE VALUES:

Curating an experience that Explorers would otherwise not create for themselves.

Positively impacting the local economy by working with locally owned businesses.

Meeting and engaging with locals in order to understand their perspectives.

Going beyond the traditional "touristy" resort-style vacations.

Recognizing our own power and privilege.. Acknowledging colonialism, racism both historical and present, and unconscious bias.

Engaging in continuous reflection and self-growth.

What is food sovereignty?

"Food sovereignty is the right of peoples to healthy and culturally appropriate food produced through ecologically sound and sustainable methods, and their right to define their own food and agriculture systems. It puts the aspirations and needs of those who produce, distribute and consume food at the heart of food systems and policies rather than the demands of markets and corporations."

– Declaration of Nyéléni, the first global forum on food sovereignty, Mali, 2007

ExplorEquity was founded in 2018 by Remi Oguntoye and Catarina Rivera. A former supply chain auditor and a food security nonprofit professional came together to build a dream. Join us on our journey.

ExplorEquity.com

IG: @ExplorEquity

FB: facebook.com/ExploreEquity